

Review Commentary

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Peak power from maximal vertical jump height determines radial bone strength better than hand grip strength in healthy individuals

One of the main critiques of the first reviewer was the use of normalized grip strength. The authors have now provided analysis in which they also used non-normalized grip strength, which counters this point, and strengthens the manuscript.

The second reviewer suggested some limitations to the study (on the absence of physical activity data, consideration of vitamin D levels, etc.), which the authors have added to the limitations section. Moreover, the second reviewer had some problems with the use of the term “predict”, which I can understand; but this is also (as explained by the authors) a rather semantical discussion.

All in all, I think the authors did a good job in revising the manuscript, and I would thus suggest the manuscript to be published.